

Upper Limb Stroke Rehabilitation: Gaming and Virtual Reality

Jane Li

Assistant Professor

Mechanical Engineering Department, Robotic Engineering Program

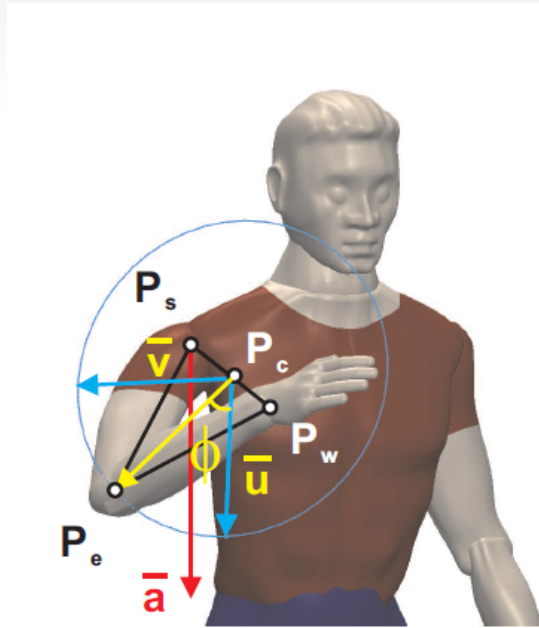
Worcester Polytechnic Institute



Quiz (10+2 points)

- (6 pts) How to compute swivel angle?
 - You can use your own language to describe. Not required to use equations.
- (4 pts) List two criteria for rendering natural arm postures
- (2 pts) Optional: what is Jacobian matrix augmentation?

How to compute the swivel angle?



$$\vec{f}' \text{ is } \overrightarrow{P_e - P_c}$$

$$\vec{f} = P_e - P_s$$

$$\vec{f}' = \vec{f} - (\vec{f} \cdot \vec{n}) \cdot \vec{n}$$

Reference direction \vec{a} :

$$\vec{a} = [0, 0, -1]^T$$

\vec{u} is the projection of \vec{a} on Plane S:

$$\vec{u} = \frac{\vec{a} - (\vec{a} \cdot \vec{n})\vec{n}}{\|\vec{a} - (\vec{a} \cdot \vec{n})\vec{n}\|}$$

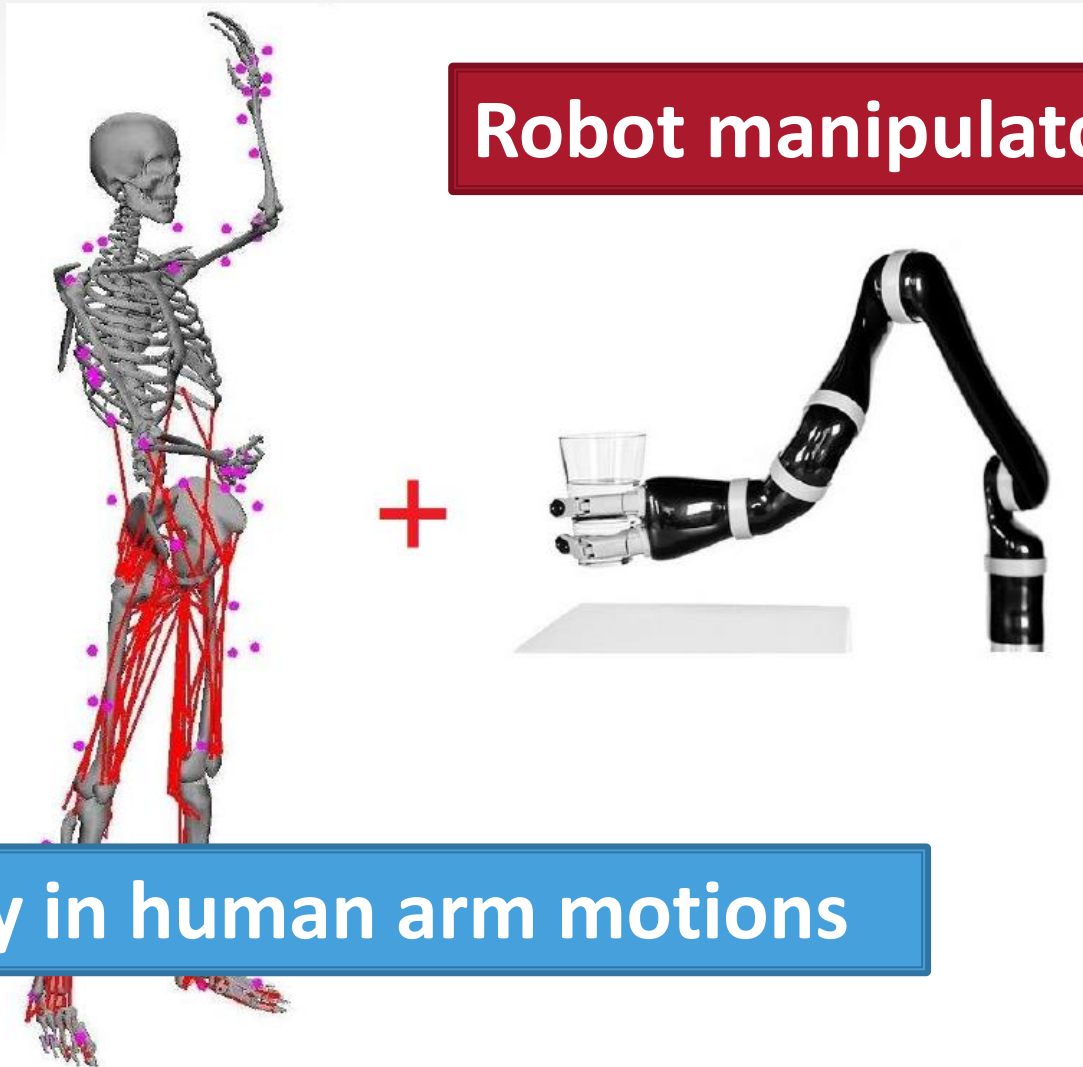
Elbow pivot axis \vec{n} :

$$\vec{n} = \frac{P_w - P_s}{\|P_w - P_s\|}$$

Swivel angle ϕ :

$$\phi = \arctan(\vec{n} \cdot (\vec{f}' \times \vec{u}), \vec{f}' \cdot \vec{u})$$

What we already know ...



Robot manipulator redundancy resolutions

Regularity in human arm motions

Robot manipulator redundancy resolution



- **Resolutions at Different Levels**

Position, velocity, acceleration

- **General Resolution to Inverse Kinematics**

Pseudo-inverse, general IK solver, ...

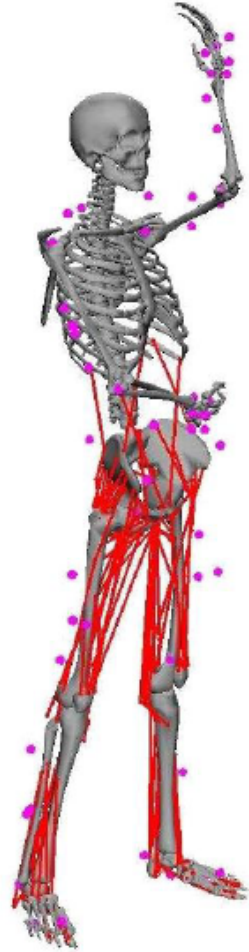
- **Task-based Resolutions**

Jacobian matrix augmentation

- **Performance-based Resolutions**

Various performance indices, global vs local optimization, ...

Human arm motion control



- **Motion Regularity and Variability**

Donders' law [Donders:1848], **Fitts' law** [Fitts:54], **2/3-power law** [Terzuoloa,Viviania:80], **motion variability** [Bernstein:67], **uncontrolled manifold** [Scholz,Schoner:99]

- **Arm Motion Control Criteria**

Energy [Tillery,Soechting:95], **motion smoothness** [Flash,Hogan:85,Suzuki,Uno:89,Kawato,Nakano:99], **task accuracy** [Harwood,Harris:99], **control complexity** [Todorov,Jordan:02]

- **Criterion Synthesis**

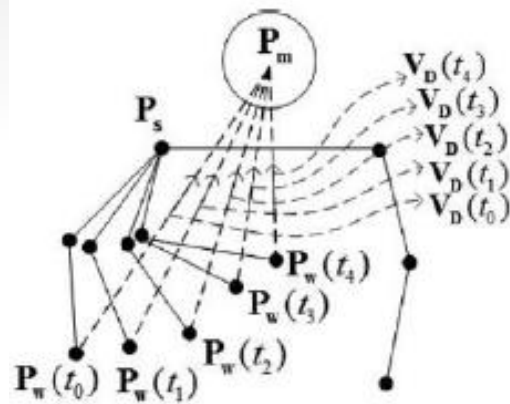
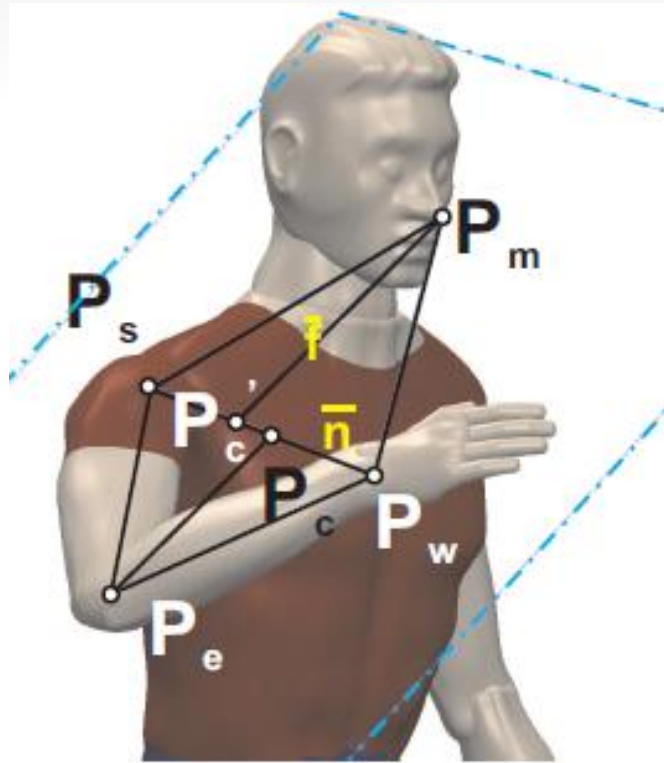
Spatial+temporal [Biess,Flash:07]

Our goals

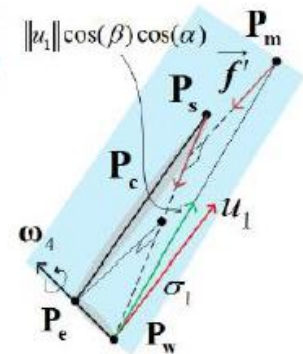
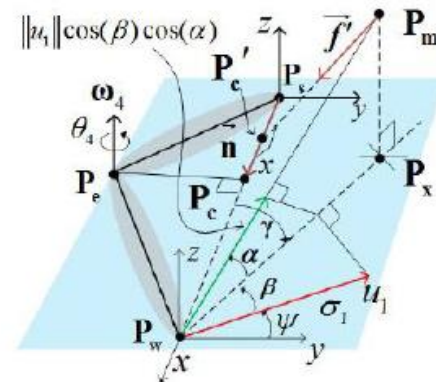
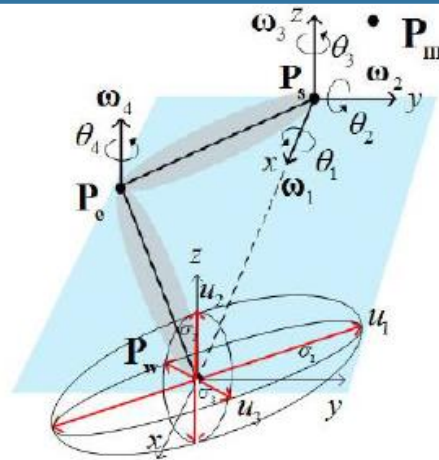
- Real-time control, unplanned motion
- Natural arm posture
- Related biological functions to behavior
 - New bio-inspired motion control criteria



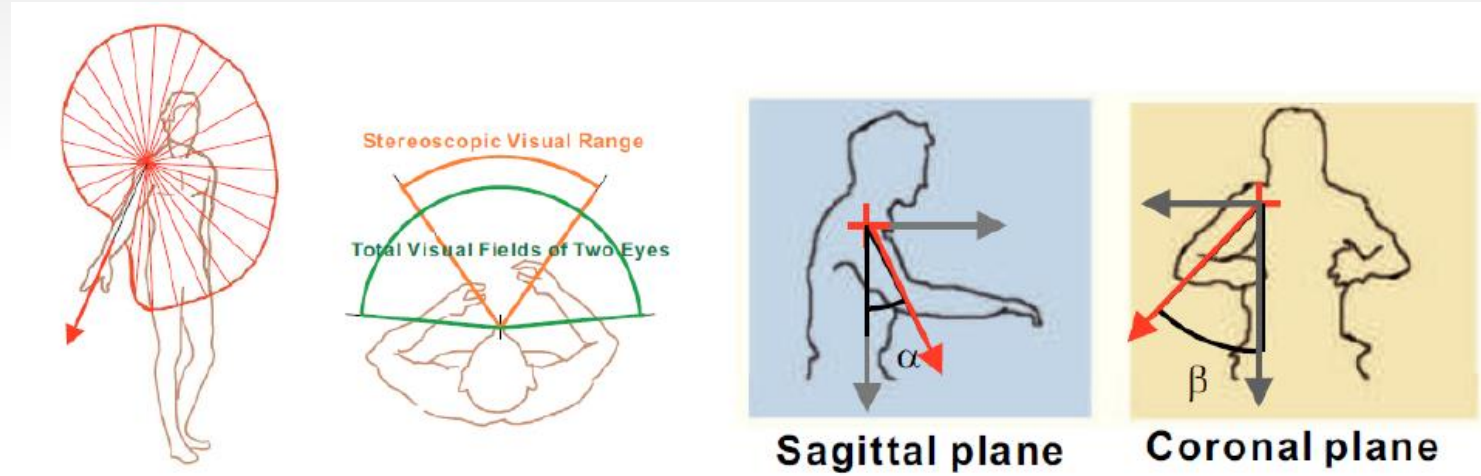
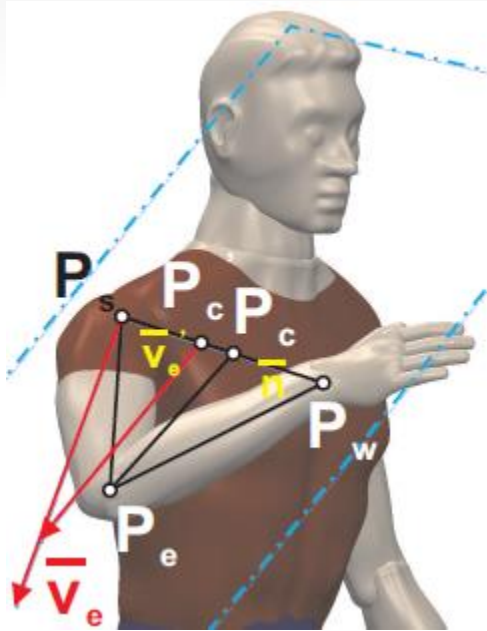
Criterion 1 – Maximize Motion Efficiency to Head



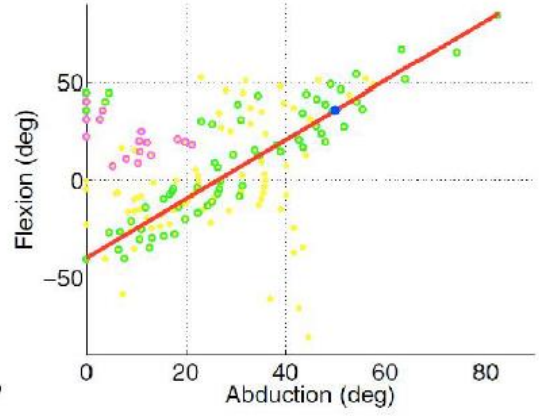
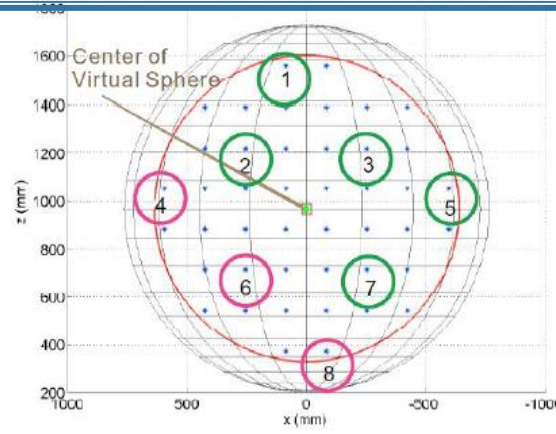
P_e lies on the plane of P_s , P_w and P_m :



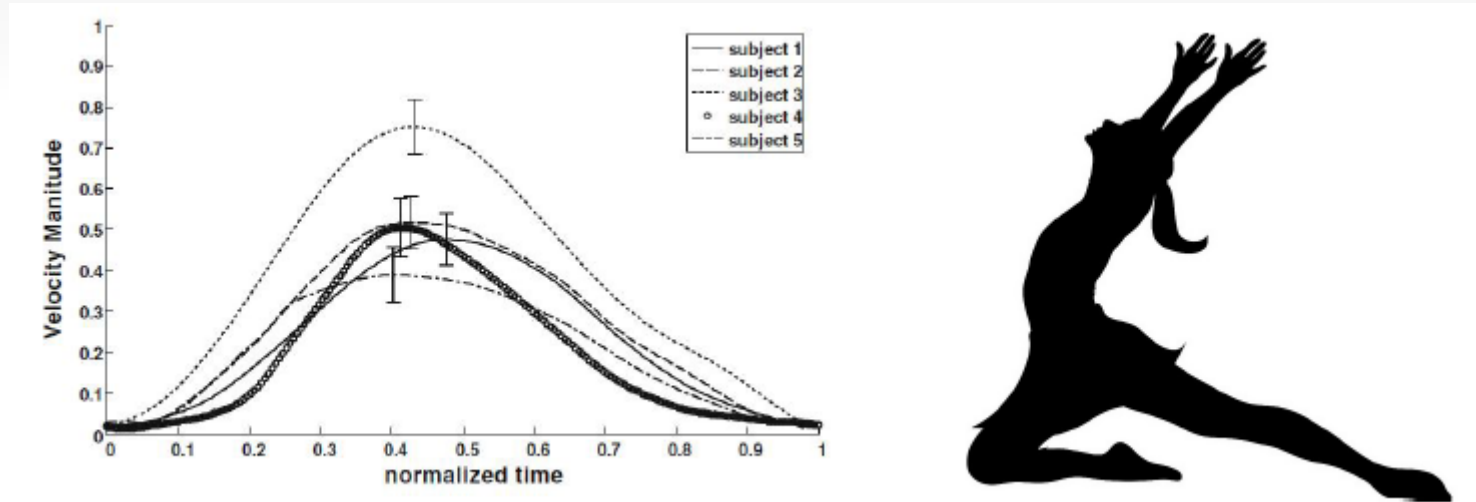
Criterion 2 – Close to Equilibrium Arm Posture



P_e lies on the plane of P_w and \vec{v}_e .



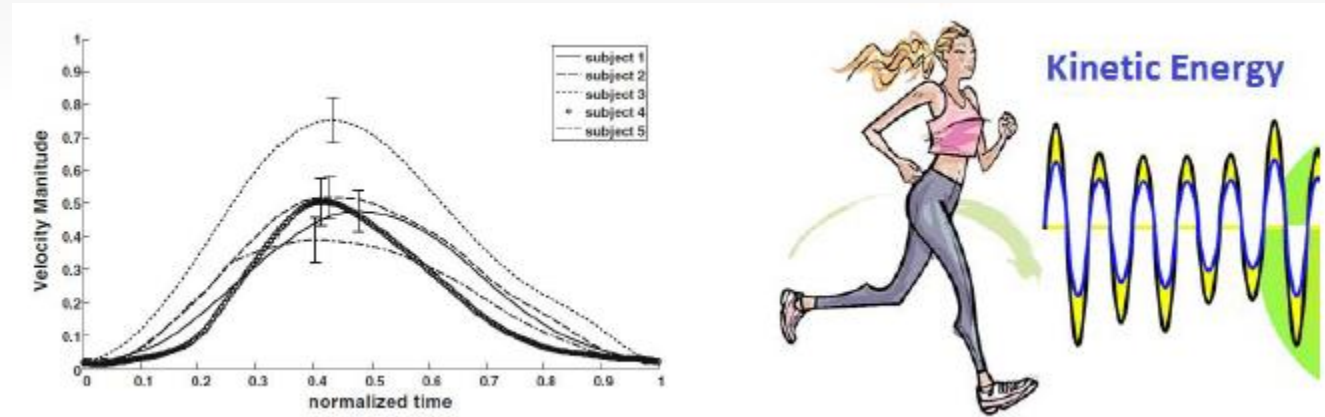
Criterion 3 – Minimize Joint Angle Change



Given $\phi(k)$, $\phi(k+1) \in [\phi(k) - 0.5^\circ, \phi(k) + 0.5^\circ]$ such that:

$$\phi(k+1) = \arg \min_{\phi'(k+1)} |\vec{\theta}(k) - \vec{\theta}'(k+1)| = \arg \min_{\phi'(k+1)} \sqrt{\sum_{i=1}^4 (\theta_i(k) - \theta'_i(k+1))^2}$$

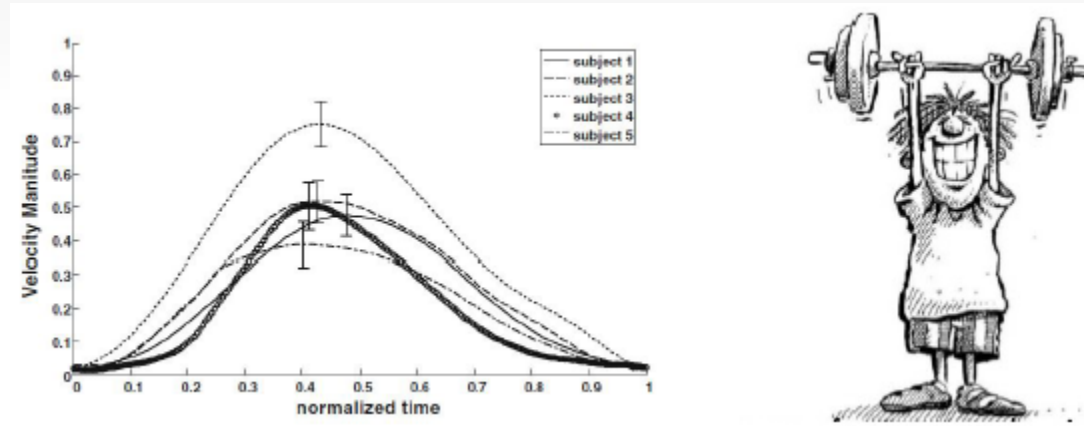
Criterion 4 – Minimize Kinetic Energy



Given $\phi(k)$, $\phi(k + 1) \in [\phi(k) - 0.5^\circ, \phi(k) + 0.5^\circ]$ such that:

$$\phi(k + 1) = \arg \min_{\phi'(k+1)} |Ke(k) - Ke'(k + 1)|$$

Criterion 5 – Minimize Work in Joint Space



Given $\phi(k)$, $\phi(k+1) \in [\phi(k) - 0.5^\circ, \phi(k) + 0.5^\circ]$ such that:

$$\phi(k+1) = \arg \min_{\phi'(k+1)} |W_i|_{t_k, t_{k+1}} = \arg \min_{\phi'(k+1)} \sum_{i=1}^4 |W_i|_{t_k, t_{k+1}}$$

Vicon & TRINA Training Session

Vicon Training



TRINA Training



Resources

- Vicon mocap system
 - Object tracking – using Tracker 3
 - https://www.youtube.com/watch?v=fpAKToBQ1hQ&list=PLxtdgDam3USXPrhGA70ix8WT_nZBLK7qB
 - Human motion tracking – using Nexus 2
 - https://www.youtube.com/watch?v=I0XjCLMD_NE&list=PLxtdgDam3USUSIeuO6UloG3ogPsFNtEJS
 - Collection of Vicon training tutorials
 - <https://www.youtube.com/user/Vicon100/playlists>

Resources

- Training Session
 - https://drive.google.com/drive/folders/10zwBhGY6i_KewoE7HGwJs2xUNicro-0T?usp=sharing
- Project meeting slides, including training session
 - <https://drive.google.com/open?id=1eH94hnH1ZDP7RudQ2tYSc-dXaZFZd1OB>
- Instructions for using Vicon, TRINA and data collection
 - https://drive.google.com/open?id=1_vpn4awJUuJ3DMsHQMCKgHTuD4gBXQTh

Synthesized Kinematic Redundancy Resolution for Natural Arm Posture Control

Further Questions

- We have so many optimization criteria
 - Which is the best?
 - Individual or blending?
 - How to combine?
 - What can we infer from the algorithm that can accurately predict arm posture?

A Framework for Comparison

- Propose methods for synthesize multiple control criteria
 - Least squares method
 - Exponential method
- Validate prediction algorithm using reaching motion data

Least Squares Method

At time step k :

$$\phi(k) = \sum_{i=1}^5 c_i(k) \phi_i(k)$$

Linear regression:

$$\mathbf{C}(k+1)_{5 \times 1} = \mathbf{A}^{-1} \cdot \mathbf{b}$$

Coefficient normalization:

$$c_i(k+1) = \frac{C_i(k+1)}{\sum_{i=1}^5 C_i(k+1)}$$

$$\mathbf{A} = \begin{bmatrix} \phi_{c1}(k-19) & \cdots & \phi_{c5}(k-19) \\ \vdots & \ddots & \vdots \\ \phi_{c1}(k) & \cdots & \phi_{c5}(k) \end{bmatrix}_{20 \times 5}$$

$$\mathbf{b} = \begin{bmatrix} \phi_{exp}(k-19) \\ \vdots \\ \phi_{exp}(k) \end{bmatrix}_{20 \times 1}$$

Exponential method

At time step k , estimation error ε_i :

$$\varepsilon_i(k) = |\phi_{exp}(k) - \phi_i(k)|$$

The inferred contribution for Criterion i :

$$C_i(k+1) = \exp\left[-\frac{\varepsilon_i^2(k)}{\hat{\sigma}^2(k)}\right]$$

Coefficient normalization:

$$c_i(k+1) = \frac{C_i(k+1)}{\sum_{i=1}^5 C_i(k+1)}$$

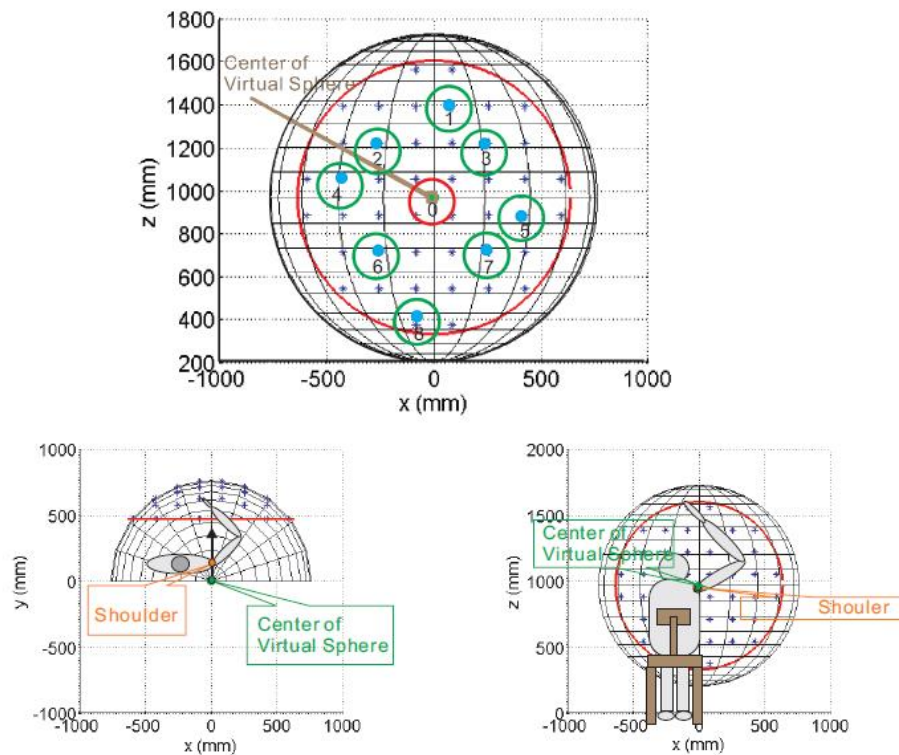
According to the **principle of maximum entropy**, the probability of the criterion i can be expressed as:

$$p_i = c \cdot \exp(-\lambda \varepsilon_i^2)$$

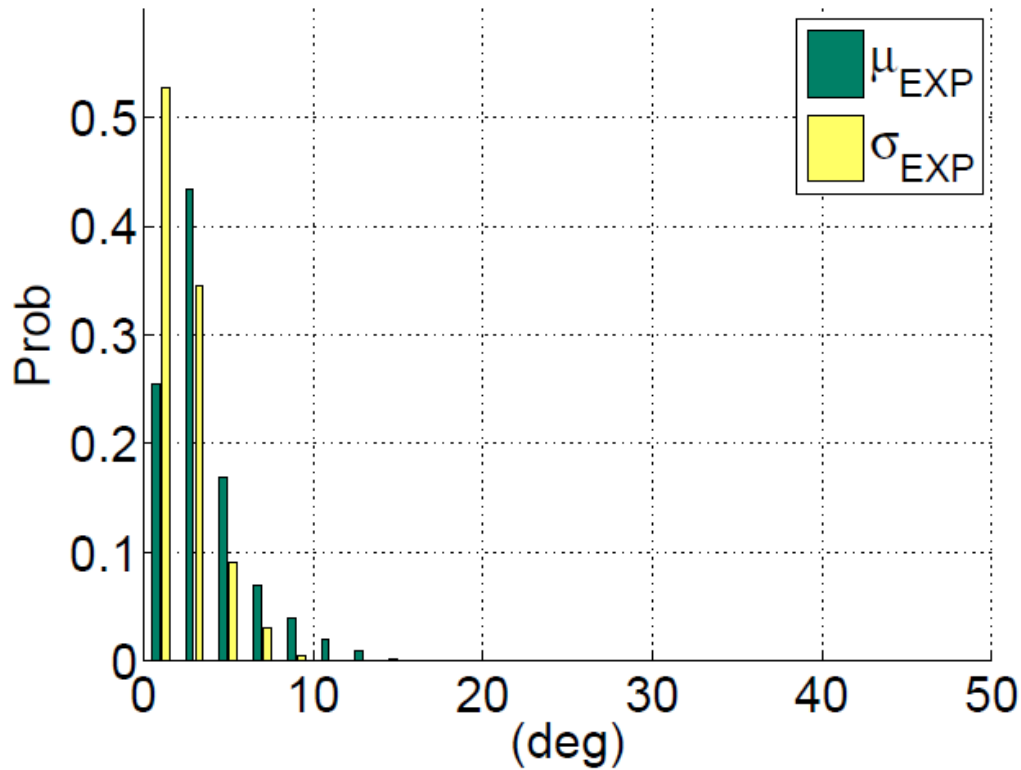
Experiment

Shoulder (P_s), elbow (P_e), wrist (P_w) position at 100 Hz

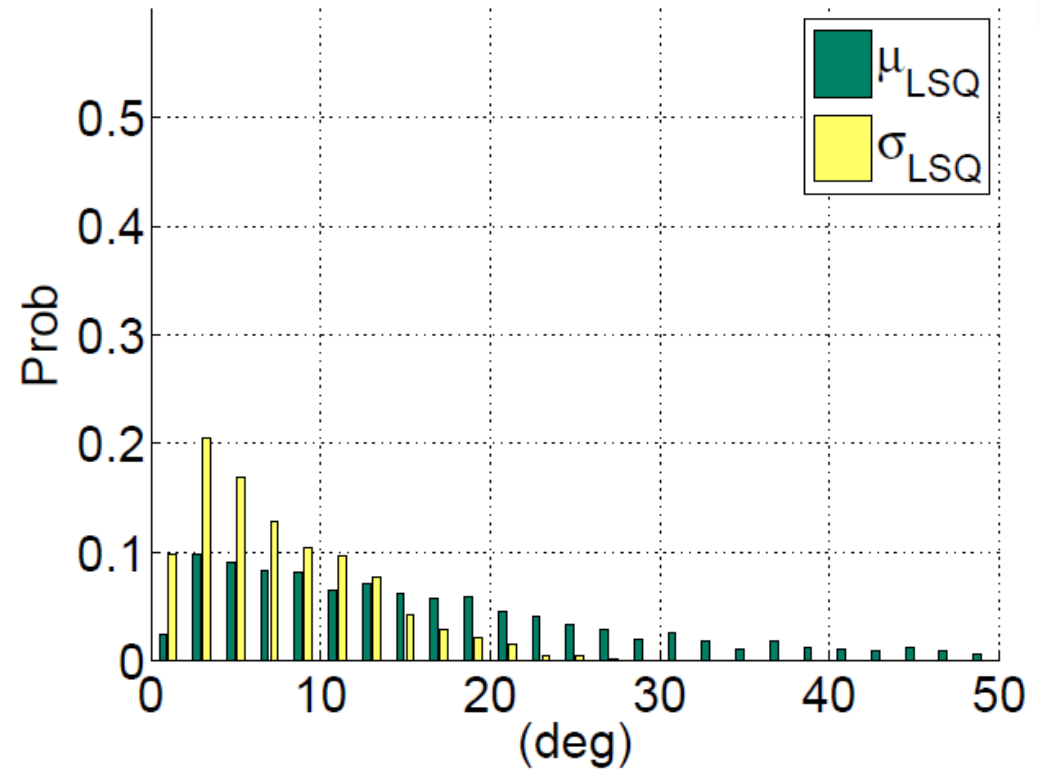
8 start points \times 7 end points \times 5 repeats \times 10 subjects = 2800 trials



Prediction Error Distribution

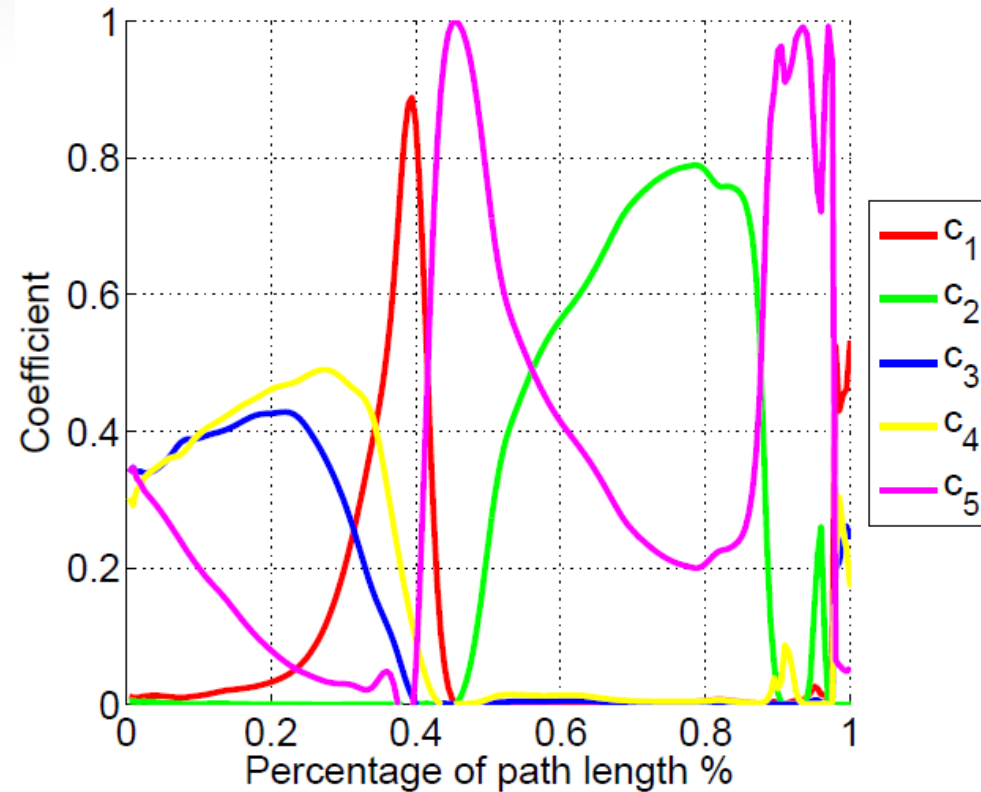


Exponential method (EXP).

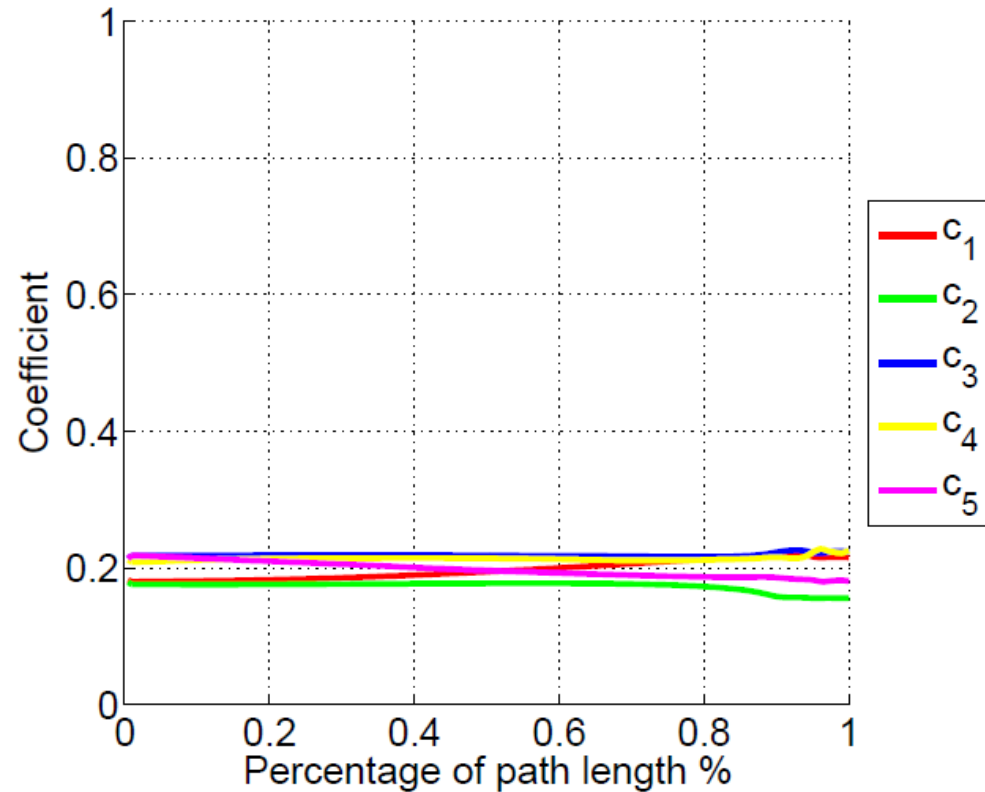


Least squares method (LSQ).

Estimated Coefficient



Exponential method (EXP).

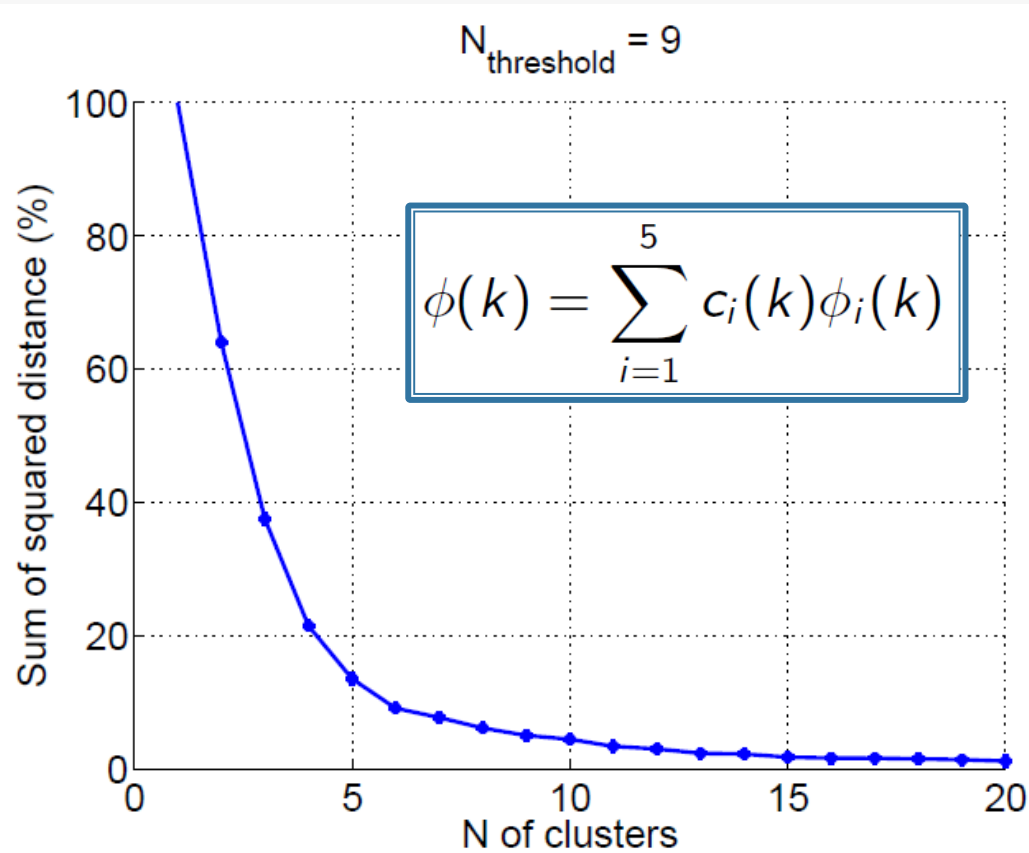


Least squares method (LSQ).

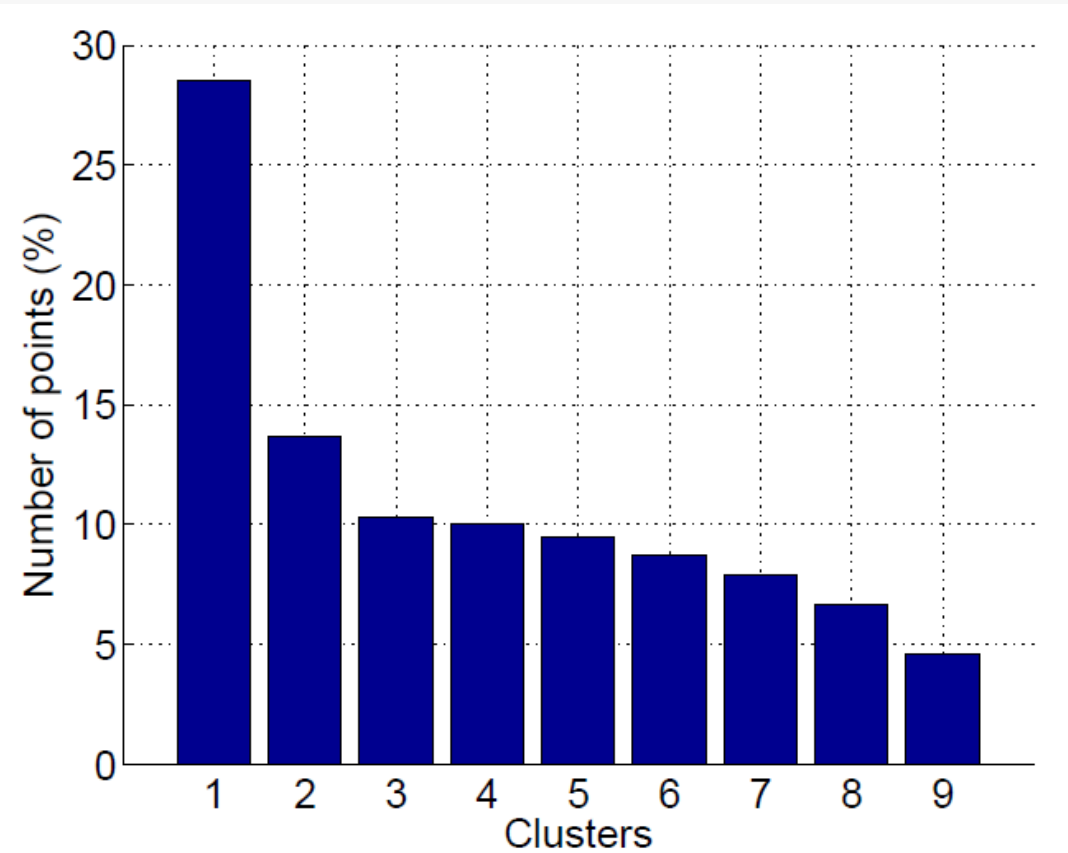
Further question

- Good prediction algorithm
 - Now we can accurately predict the arm posture of reaching motion in free space ...
- Insight
 - What can we learn from the coefficients of these control criteria?
 - Unsupervised learning

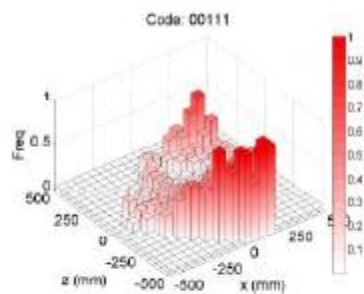
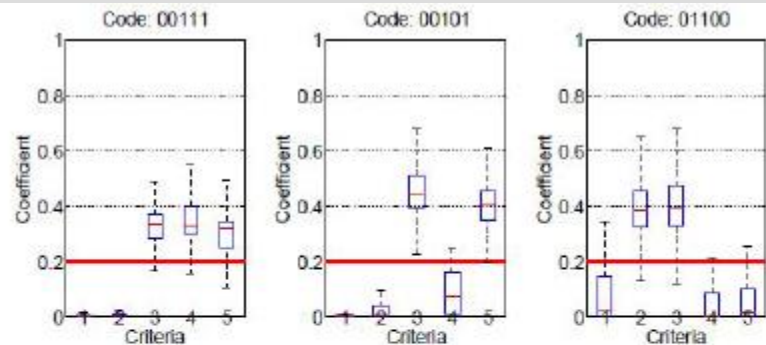
Criterion Contribution Inference



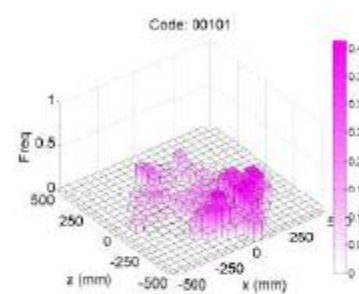
Clustering threshold.



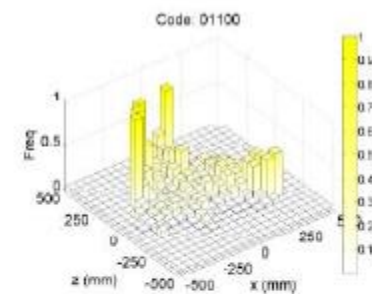
Cluster distribution, $N = 9$.



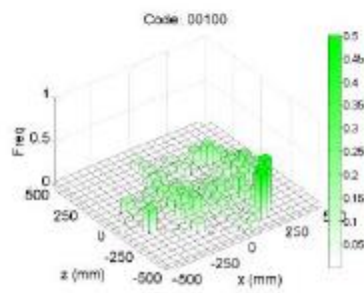
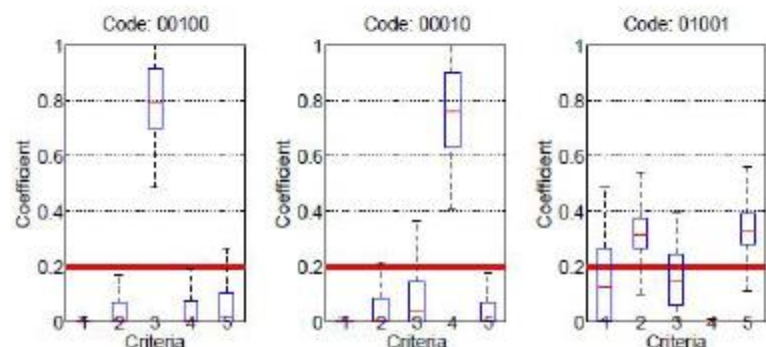
(a) Cluster 1.



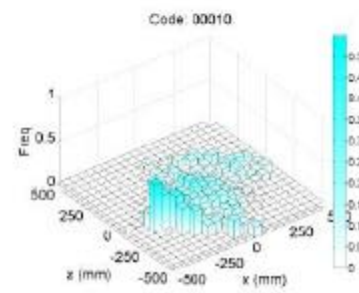
(b) Cluster 2.



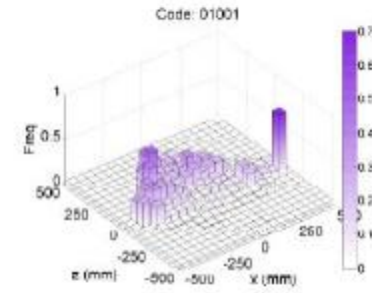
(c) Cluster 3.



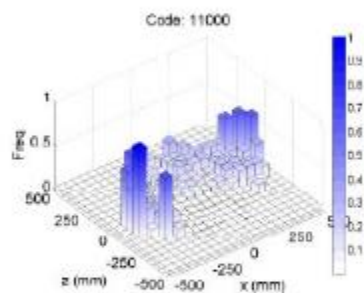
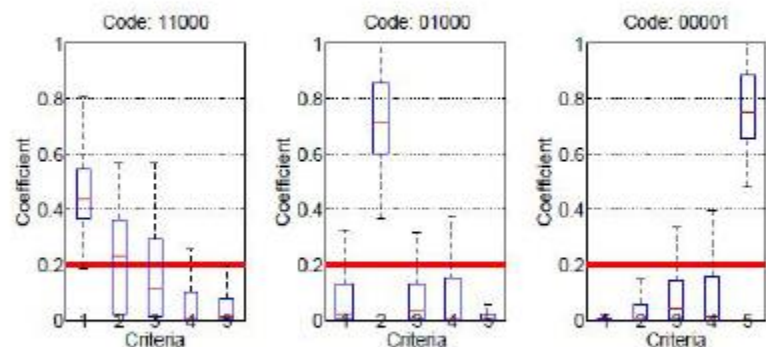
(d) Cluster 4.



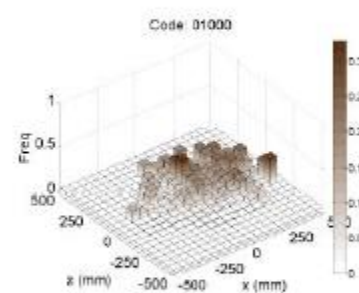
(e) Cluster 5.



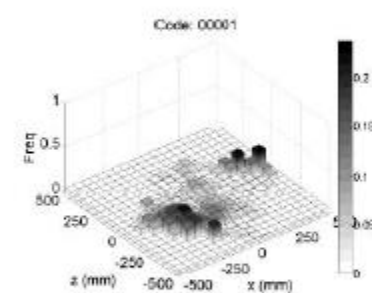
(f) Cluster 6.



(g) Cluster 7.



(h) Cluster 8.

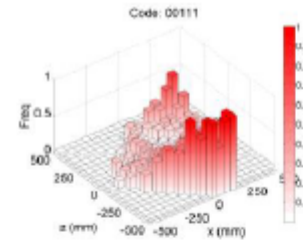
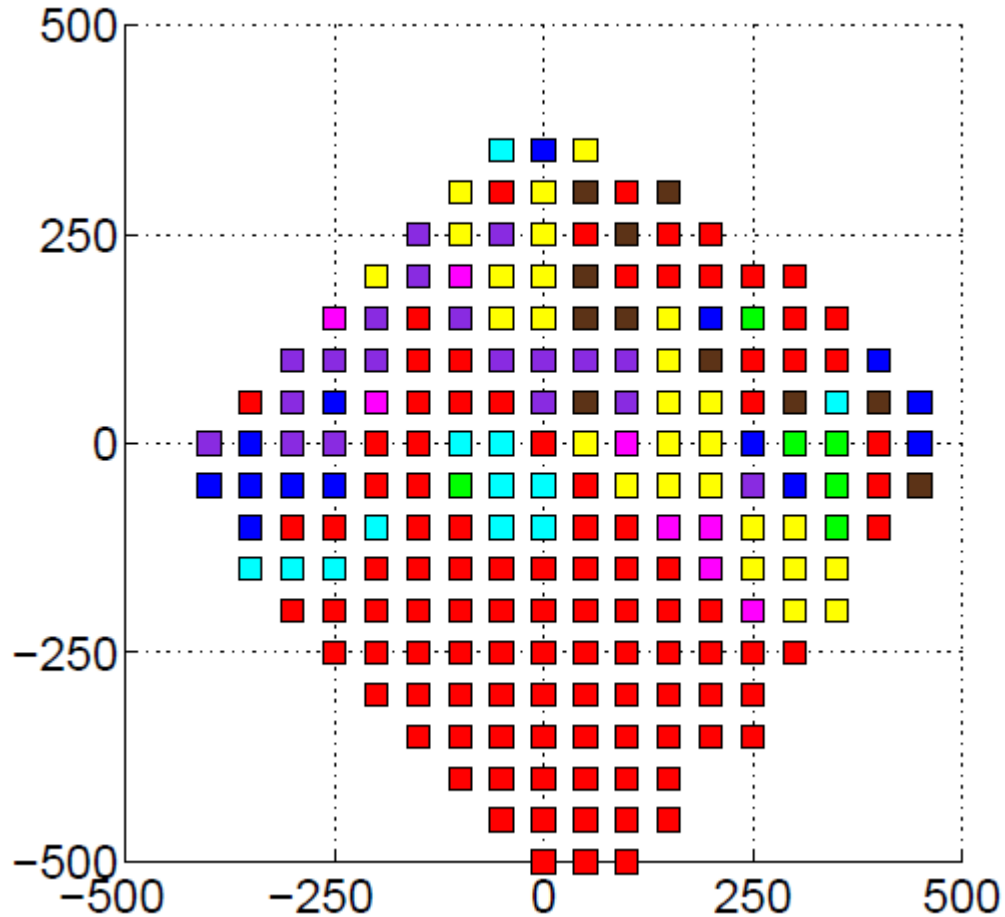


(i) Cluster 9.

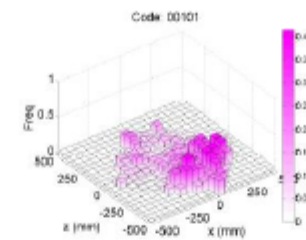
Cluster Components

Cluster Frequencies

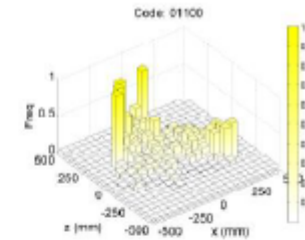
A Spatial Map – Our insight



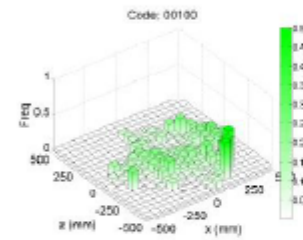
(a) Cluster 1.



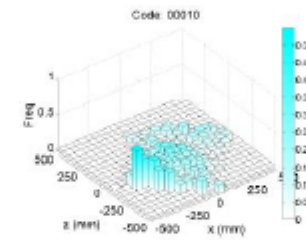
(b) Cluster 2.



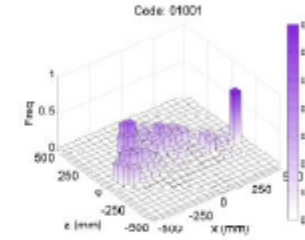
(c) Cluster 3.



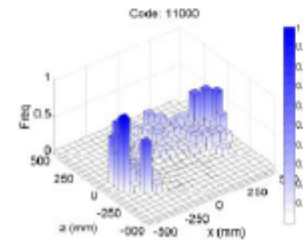
(d) Cluster 4.



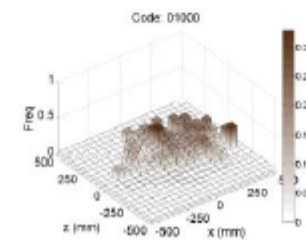
(e) Cluster 5.



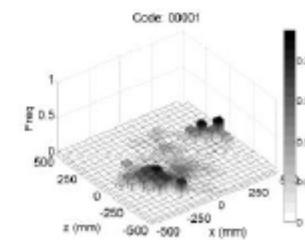
(f) Cluster 6.



(g) Cluster 7.



(h) Cluster 8.



(i) Cluster 9.

Reference

- Zhi Li, Dejan Milutinovic and Jacob Rosen, “Spatial Map of Synthesized Criteria for the Redundancy Resolution of Human Arm Movements”. IEEE Transactions on Neural Systems & Rehabilitation Engineering, 23(6), pp. 1020 - 1030, Nov. 2015

Upper Limb Stroke Rehabilitation: Gaming and Virtual Reality

Why do we need games?

- **Intensive therapy** can recover a significant amount of lost motor control
- Video games encourage patients to practice more **at home**
 - Provide a motivating context
 - Provide performance feedback

Cognitive, visual and motor losses after stroke

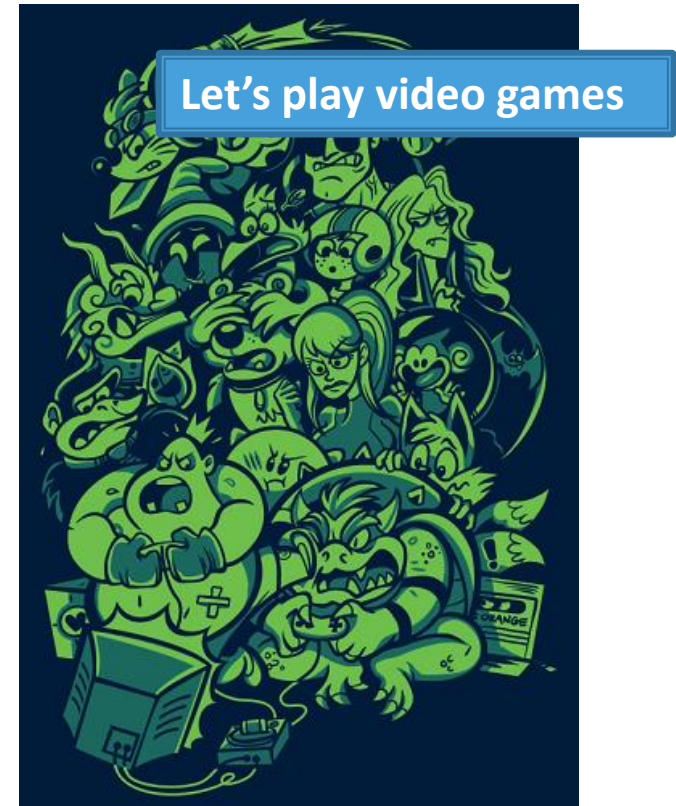
- Memory and speech
- Unilateral neglect in Vision
 - No longer perceive one side of their visual field
- Paralysis and weakness

How to recover the lost function?

- Overcoming learned non-use
- Learning to use existing redundant neural pathways
- Developing new neural pathways through brain plasticity

Traditional stroke therapy

- Perform repeated motions under therapist supervision
 - Non-purposeful exercises
 - Purposeful exercises
- Practice at home
 - Prescribed by therapist
 - Only **31%** patients actually do it



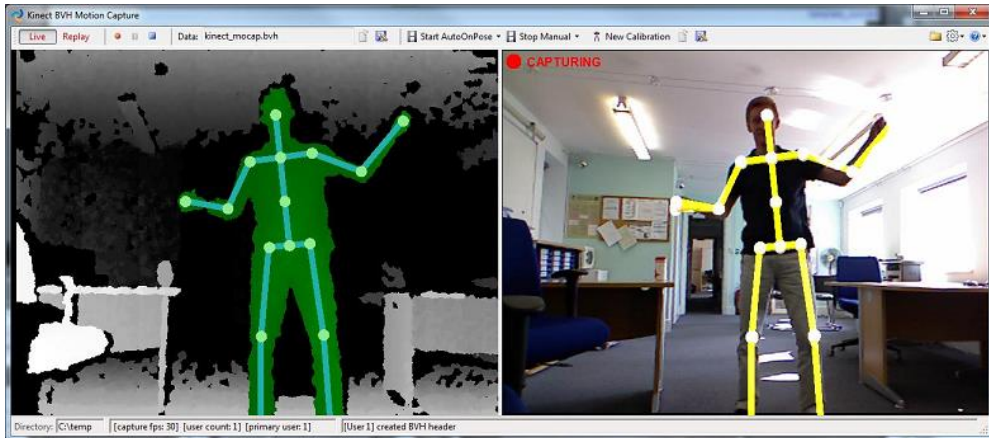
Commercial games and consoles



Commercial games and consoles



Commercial games and consoles



Limitation of commercial games



Design customized games for stroke rehab

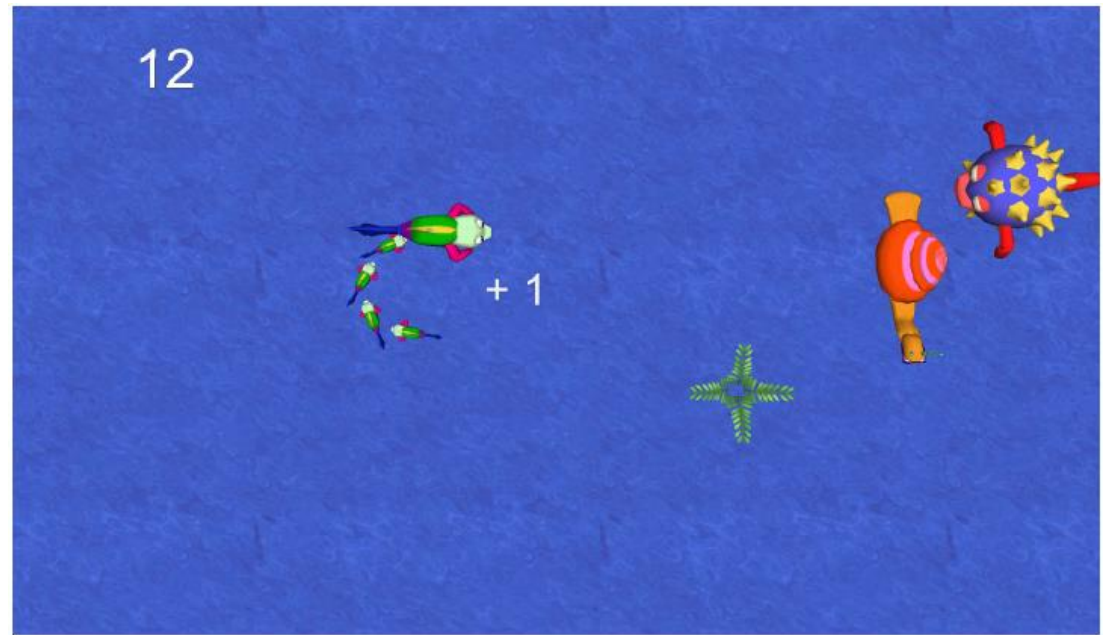
- Desired properties in stroke rehabilitation games
- Important human factors for stroke rehab games
 - Identification of the target audience, visibility and feedback
- Meaningful play and challenges
- Game design criteria
- Games that adapt to a patient's level of recovery

Considerations in rehab game design

- Social context
 - Multi-player games provide additional motivations
 - Competitive / collaborative games
- Type of motion required
 - Single or multi-joint motions
- Cognitive challenges

Games for example

- Motor, visual and cognitive challenges



Learned Lessons in previous user studies

- How to make games playable for a broad range of stroke patients?
 - Assume no use of hands
 - Simple games should support multiple methods of user input
 - Calibrate to the patient's motion range
 - Direct and natural mappings are necessary

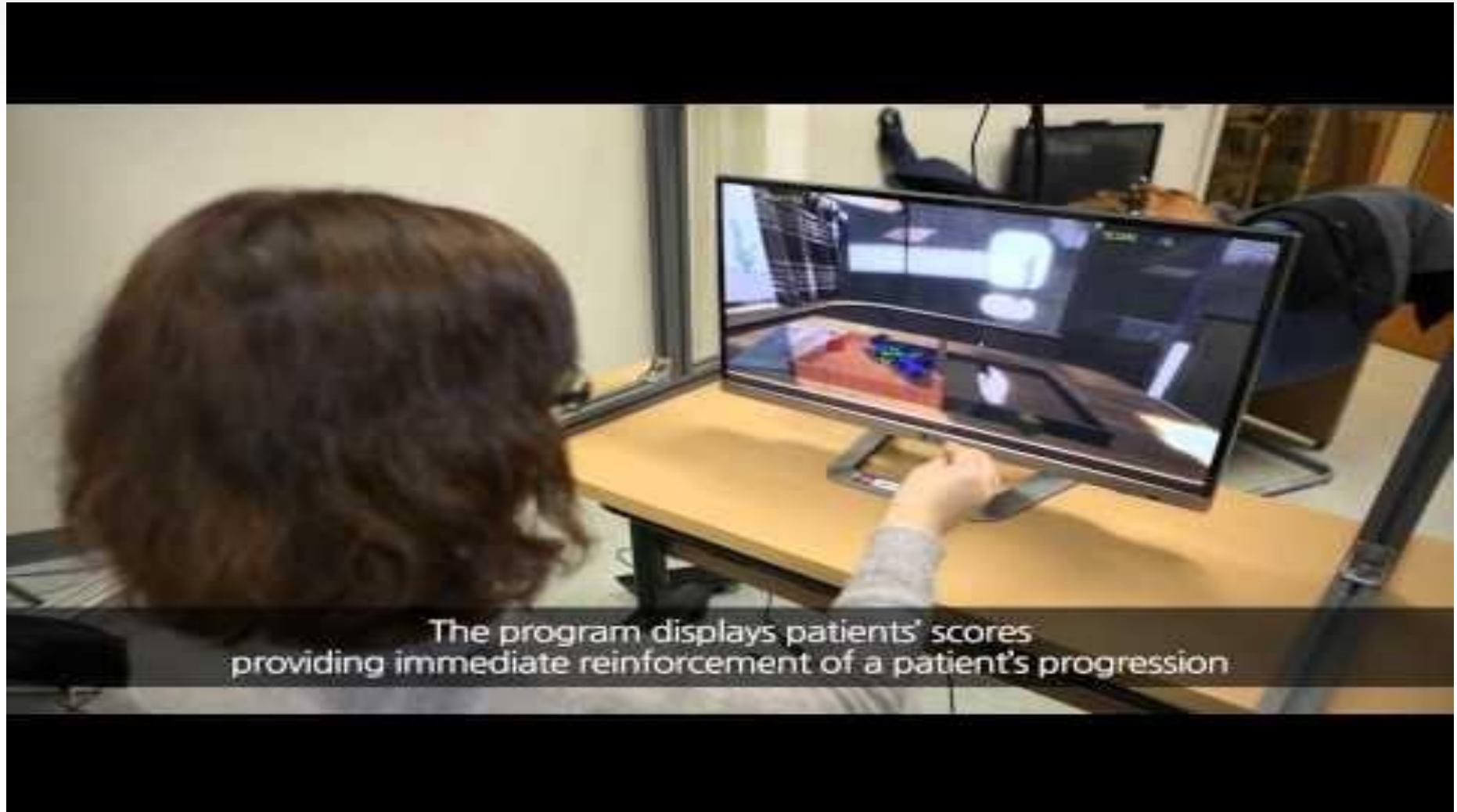
Learned Lessons in previous user studies

- How to ensure that games are valuable from a therapeutic perspective?
 - Ensure that users' motions cover their full range
 - Detect compensatory motion
 - Allow coordinated motions
 - Let therapists determine difficulty

Learned Lessons in previous user studies

- How to make games fun and challenging?
 - Audio and visuals are important
 - Automatic difficulty adjustments provide adequate challenge
 - Non-Player Characters (NPCs) and Storylines are intriguing

Kinect-based applications for stroke rehab



The program displays patients' scores providing immediate reinforcement of a patient's progression

Limitations of Kinect-based Stroke Rehab

- Reasonable accuracy, but only for gross motions
- Unable to accurately assess internal joint rotations of shoulder
- Cannot capture rehab goals that include fine motor skills
- Not suitable for severely disabled patients