

2010 JI & II finals

MARCH 8-11, 2010

GORE MT.

Trails: Twister and Top Ridge
Access : For Twister: Adirondack Express Triple Chair or gondola
For Top Ridge: Gondola
Bibs: Will be handed out and collected daily
Tickets: Athletes/Coaches—event credentials and banquet provided

Parents: Gore Mt. gives a \$10 discount per ticket to anyone with a season's pass from another area. The normal mid-week rates are:

1-day	\$61
2-day	\$111
3-day	\$156
4-day	\$201

If you have a group of 20 or more people, group rates can be arranged through the group sales office by calling 518-251-2411.

Registration: The cost of JI & II Finals is: SG \$52 per day; GS \$45; SL \$45 or \$190 for all four days. Athletes may register on-line at: <https://www.alpinereg.com/mountains/Gore/GoreNY.cfm> or you may register through US mail with an entry form sent to NYSEF, PO Box 200, North Creek, NY 12853. Must be received no later than Friday, March 5th.

Sunday 3/7

6 PM

Coaches/Team Captains' Meeting at Training Center

Monday 3/8 SG Race Twister

7:15-8:15	Bib Pick-up at Training Center back room
8:15	Lifts open
8:30-9:30	Controlled Free Ski of Race Hill
9:30-10:00	Course Closed for Set
10:00-10:45	Course Inspection
11:15	Race Start

Coaches meeting at training center 1 hour after race

Tuesday 3/9 SG Race Twister

7:15-8:15	Bib Pick-up at Training Center back room
8:15	Lifts open
8:30-9:30	Course inspection
9:30-10:00	Course closed for set
10:00-10:45	Course Inspection
11:15	Race Start

Coaches meeting at training center 1 hour after race

Wednesday 3/10 GS Race Twister

7:00-8:00	Bib Pick-Up at Training Center back room
8:00	Lift opens
8:00	Gate judges meeting East Room of Training Center
8:15-9:15	Course inspection
9:00	Start Closes
9:30	Race Start

Second Run 1 hour after first run completed
All athlete and coach B-net roll of Twister after race
Coaches' Meeting one hour after race completed.
6:00 PM Awards banquet in Base Lodge

Thursday 3/11 Slalom Race Top Ridge

7:00-8:00	Bib Pick-Up at Training Center back room
8:00	Gondola opens
8:00	Gate judges meeting East Room of Training Center
8:15-9:15	Course Inspection
9:00	Start Closes
9:30	Race Start

Second Run 1 hour after first run completed
Awards one hour after race completed in front of training center
All athletes and coaches B-Net roll of Top Ridge after race

*To access Top Ridge, athletes and parents on skis use the gondola. Parents may snowshoe to the bottom of Top Ridge via Tannery Pond road. This is a gradual 1 ½ mile climb to the bottom of the Top Ridge lift. The view of the racers from the bottom is excellent.

Scoreboard will be posted on the finish building. DSQs will be posted on the scoreboard.

Please no fast skiing or tucking on trails other than the race hill. Tickets lost or revoked by ski patrol will not be replaced. Tickets must be visible to lift attendants at all times—wear them when racing.

Please be courteous to our lift attendants and respect our mountain.

Safety bars must be used at all times on the chair lifts.

Thanks for visiting Gore Mountain and the beautiful North Creek area!

Volunteers

Parents who wish to volunteer on the hill during technical events (GS/SL) will receive a ticket for the day as well as a ski voucher good at Gore or Whiteface at any time; at the completion of the day. You may sign up on-line at the NYSEF/Gore site (www.nysef.org) to put your name in as a volunteer. You need to check in at 8 AM to sign a waiver and get instructions. The gatekeepers' meeting is at 8:00 am in the training center. Lunch is available to our volunteers. At the completion of the day, you may acquire the additional voucher.

Coaches' Corner

If a coach is staying only for a few days, his/her replacement will need the departing coach's credential. Please, if you are planning to leave, return the coach credential to the NYSEF race administrator.

We request that clubs keep the coach to athlete ratio at 1:5.

There will be a Coaches meeting every day, one hour after the days race in the NYSEF Training Center.

The Race officials are:

Chief of Race—Bone Bayse

Technical Delegate—Dan Chayes

Race Administrator—Kelly Nettle

Chief of T & C-- Dirk Gouwens

Slalom training space will be available on Twin Fawns trail. Teams must bring own gates.

Athlete Conduct

We anticipate that all athletes attending the Championships will be well behaved. Gore Mt. Ski Center is a wonderful host to ski racing and works hard to produce ideal race trail conditions for all of our races. We ask that all athletes, coaches, and parents treat the Gore Mt. personnel and the skiing public politely on the hill and in the lodge.

Our ski patrol requires the use of the safety bar on the chair lifts and requests that racers control their speed on trails. Absolutely no tucking anywhere off the race trail. The patrol is very strict. The lift attendants need to be able to see your lift ticket at all times—even when wearing a speed suit.

Banquet

We will hold a banquet on Wednesday, March 10th at 5:30 PM at the Gore Mt. Base Lodge. We will sell tickets at the training center until Wednesday noon. Prices: Adults--\$18; youth under 14 --\$15; Athletes/Coaches Free; Children under 6--Free

Photos

Gore Mountain Photography Service will take pictures of the athletes during the races. Pictures of the racers, NYS teams, and individual award winners will be available to purchase at the photography desk in the Main Lodge at the north end, near bar, as well as on-line at www.moregorephotos.com.

Local Lodging/Eateries

There are a number of places within 20 or 30 minutes of Gore Mt. spread throughout the Town of Johnsburg in the various hamlets. Nearby Chestertown, Indian Lake and Warrensburg also provide opportunities and are each about 15 miles away. Further are Lake George, Queensbury, and Glens Falls all about 40-45 minutes away (36 miles). On the NYSEF website under GORE (nysef.org) you will find a list of the area lodging links.

Local eateries provide some great meals. At the Copperfield Inn, a sponsor of the JI & II Finals, you will find **Trappers' Tavern** and **Lourenzo's Al Forno**. In the village of North Creek along Main Street, you will find, **Marsha's Family Restaurant**, **Common Roots**, **Sarah's Café**, **Pete's Aah Pizza**, **Bar Vino**, a wine bar with tapas, **Laura's Bar and Restaurant**, and **Andie's at Smith's Restaurant**. Along Peaceful Valley Rd., ½ mile south of the Gore Mt. access road, is **The Inn on Gore Mt.** and four miles, at the junction with Rt. 8, is the **Black Mt. Resort**. Both serve good food and have a bar. Beyond Black Mt. Lodge, south on Rt. 8 in the hamlet of Johnsburg, the **Johnsburg Market** makes excellent subs, pizza, and a few hot dishes for take-out. Heading north on Rt. 28, up in North River, at the very end of 13th Lake Road, you'll find **Garnet Hill Lodge**, another excellent eatery.

Outside of the town of Johnsburg, east on Rt. 8 (6-12 miles) you'll find the **Alp Horn**, **The Place** (Italian), and **OP Frederick's**. If you want an exquisite dining experience, head either to **Lourenzo's at the Copperfield** in North Creek or to Olmstedville via Rt. 28N out of North Creek and find **The Owl at Twilight**.