

# StabiliWare



An Assistive Eating Device for Individuals with Parkinson's Disease

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# **Problem Statement**

Individuals with Parkinson's disease struggle with eating because of tremors. Tremors are a common symptom of Parkinson's disease affecting around 80% of those who are diagnosed (American Parkinson's Disease Association, 2017).

# Methodology

#### **Initial Sketches**

Brainstorming and rough sketches of potential designs

### **CAD** Design

Modeling of prototypes in 3D in OnShape

### Prototyping

Printing out of the prototypes on the 3D printer using Fusion

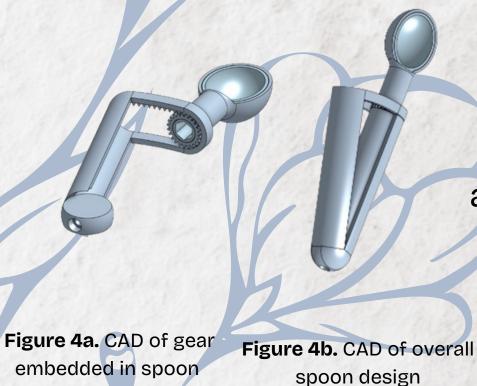
### Integration of components

Integration of gears and shaft into the spoon

### **Testing and Iterations**

Meeting with clients to test the spoon with various foods

# Current Design



### <u>Current Design:</u> <u>Rotational Spoon</u>

Utilizes two bowls where the smaller inner bowl spins when a button is pressed, similar to a trigger ice-cream scooper. It uses a system of gears and shafts to accomplish this.

# Design Studies

Study 1
Determine
comfortability
to hold and
normality

Study 2
Measure
changes in
amount of
spillage

Study 3
Differences in time to eat (plate to mouth)

### Conclusion

Created a device that successfully enables users to eat with minimal spillage when experience tremors. This allows those with Parkinson's to be independent and have a healthier life.

# **Engineering Goal**

The goal is to develop a device to aid those with Parkinson's in eating without spillage. This proposes a device to mitigate the effects of the tremors by reducing spillage. This will allow those individuals diagnosed with Parkinson's to develop a sense of independence.

# Requirements

Table 1. Table of Level 1 and Level 2 Functional and Physical requirements

Category	Level	Requirement	Swivel Spoon	Motorized Spoon	Rotational Spoon
Functional					
	1	The device shall allow the user to lift food from their plate to their mouth with minimal spillage.	Yes	Yes	Yes
	2	The device shall allow the user to hold liquid without leaking.	Yes	Yes	Yes
	2	The device shall be dishwasher safe.	Yes	Yes	Yes
	1	The device shall be safe to use.	Yes	Yes	Yes
	2	The device shall be easy for the user to grip.	Yes	Yes	Yes
Physical					
	1	The device shall be made of a food-safe material.	Yes	Yes	Yes
	2	The spoon shall be less than 8 inches in length.	Yes	Yes	Yes
	2	The device shall be able to hold at least 0.5 tablespoon of material.	Yes	Yes	Yes
	1	The device shall discreet and look like a normal spoon.	Maybe	Yes	Yes

# 3 Designs

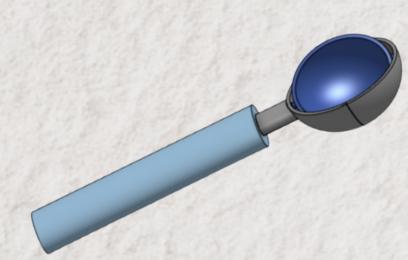


Figure 1. CAD of swivel spoon

#### Design #2: Spinning spoon

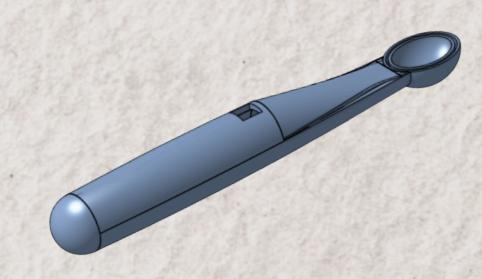
Three main components: an inner, middle, and outer bowl. The middle bowl rotates to cover the smaller bowl using a motor and button.

## Design #1: Swivel Spoon

Utilizes a small bowl inside the larger bowl where the smaller bowl rotates to counteract the shaking of the tremors



Figure 2. CAD of spinning spoon



### <u>Design #3: Motorized Spoon</u>

Two components: outer and inner bowl. The outer bowl spins to cover the inner bowl using a motor and button.

Figure 3. CAD of motorized spoon with button space

## Future Work

- Comprehensive further testing
- Reduce weight
- Reduce size of the handle to ensure spoon looks more 'normal'