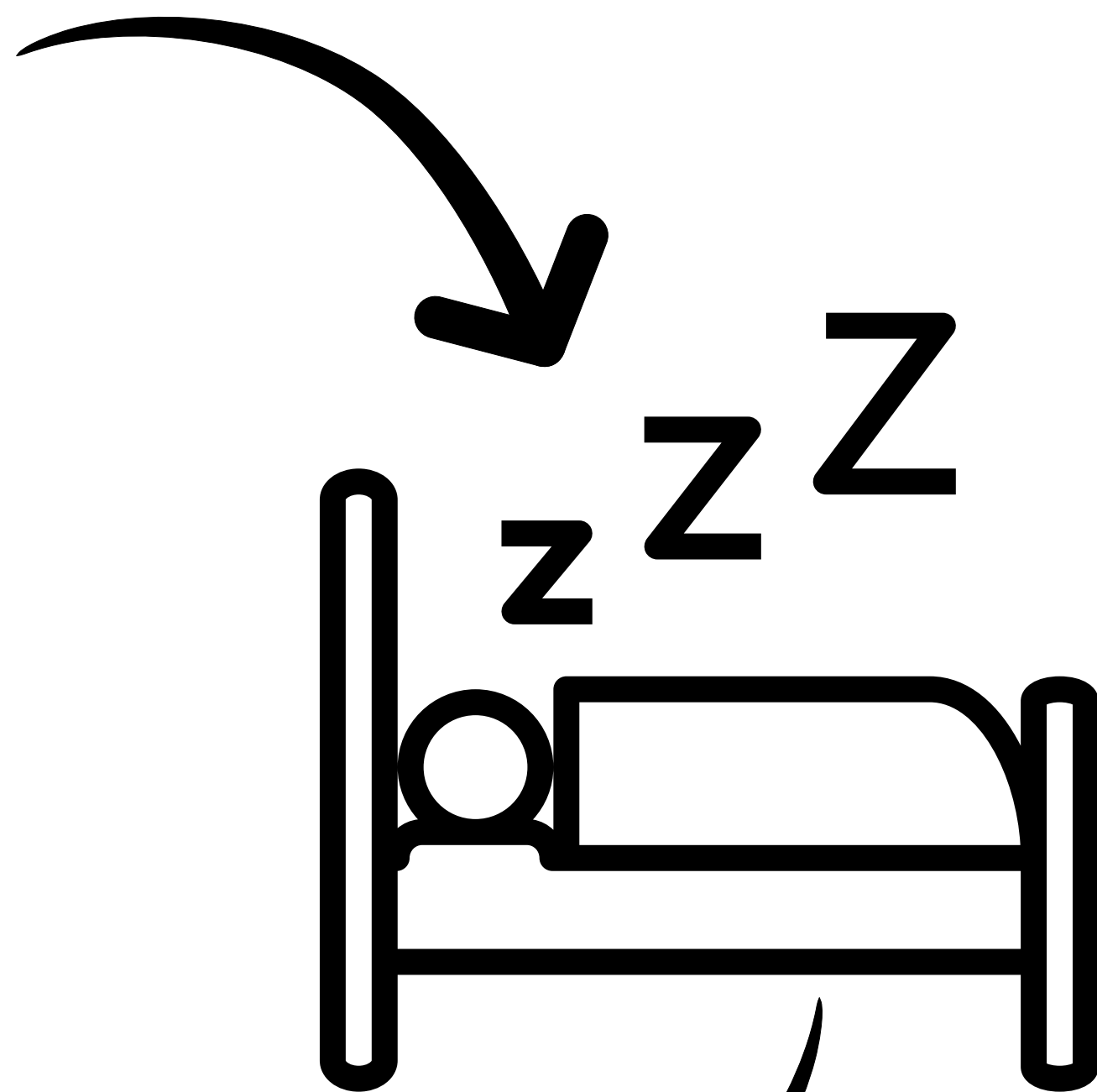


Graphical Abstract

Pre-nap



**Nap for 20
minutes in
various
conditions**

Post-nap



Performance testing

