

Condition: Baseline					Condition: Day 2 - Optimal Nap					Condition: Day 3 - Phone Nap					Condition: Day 4 - Higher Room Temperature					Condition: Day 5 - Loud Noise								
Sep	Agility	Serve Accuracy (Deuce)		Reaction Time	Sep	Agility	Serve Accuracy (Deuce)		Reaction Time	Sep	Agility	Serve Accuracy (Deuce)		Reaction Time	Sep	Agility	Serve Accuracy (Deuce)		Reaction Time	Sep	Agility	Serve Accuracy (Deuce)		Reaction Time				
	14.52	First	Second	274		13.29	First	Second	323		13.62	First	Second	383		13.12	First	Second	234		14.1	First	Second	310				
	13.24	15	13	279		13.54	17	20	303		12.89	18	15	362		12.85	17	14	230		12.91	16	17	266	p8			
	12.82	18	12	332		12.94	18	20	340		12.43	17	17	15 330		10.89	11.53	20	18	268		13.01	12.41	18	18	264	p6	
Sep	13.09	17	8	305	Sep	12.92	19	18	231	Sep	13.74	17	15	297	Sep	10.89	16	13	252		Sep	13.01	16	16	255			
	15.13	20	18	317		10.62	19	14	268		13.61			265		14.32	13.65		251		Sep	13.06	12.91	16	12	257		
	14.56	17	10	298		10.4	18	17	232		14.23			271					236			13.06	13.37			312	p4	
	11.94			253		14.54			262					324					289			12.98				322		
	12.46			239		14.62			248					317					301							317	p3	
	16.28			207	Sep	13.42			248	Sep				314	Sep				295	p1	Sep					280		
	16.09			237	Sep	12.92			269	Sep					Sep						Sep					286		
				248					253																	286		
				240					253																	318	p1	
				275	Sep				253	Sep					Sep						Sep							
				229	Sep				278	Sep					Sep						Sep							
				228	Sep				267	Sep					Sep						Sep							
SUM	140.13	87	61	3961		129.21	95	86	4048		80.52	52	45	2863		76.36	53	45	2386			104.75	66	63	3426			
AVG	14.013	17.4	12.2	264.066666		12.921	19	17.2	269.866666		13.42	17.33333333	15	318.111111		12.72666666	17.66666666	15	265.111111			13.09375	16.5	15.75	285.5			



















