```java
public static void bulgarianSolitaire(int numCards) {
// Check if given number of cards is triangular
            int n = (int) Math.sqrt(2 * numCards);
            ArrayList<Integer> End = new ArrayList<Integer>();
            if (n * (n + 1) / 2 != numCards) {
                    System.out.println(numCards + " is not triangular");
            }
            int sum = 0;
            for (int i = 0; sum < numCards; i++) {
                    End.add(i + 1);
                    sum = sum + i + 1;
            }
            ArrayList<Integer> Bulgarian = new ArrayList<Integer>();
            Random randy = new Random();
            int first = numCards;
            int plus = 0;
            while (first > 0) {
                    plus = randy.nextInt(first) + 1;
                    Bulgarian.add(plus);
                    first = first - plus;
            }
            System.out.println(Bulgarian);
            for (int a = 0; a == 0;) {
                    for (int i = 0; i < Bulgarian.size(); i++) {
                            Bulgarian.set(i, Bulgarian.get(i) - 1);
                    }
                    Bulgarian.add(Bulgarian.size());
                    for (int i = 0; i < Bulgarian.size(); i++) {
                            if (Bulgarian.get(i) == 0) {
                                    Bulgarian.remove(i);
                                    i--;
                            }
                    }
                    System.out.println(Bulgarian);
                    if (Bulgarian.equals(End)) {
                            break;
                    }
            }
    }
}
```